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INAUDIBLE INFRASOUND FROM WIND TURBINES DISTURBS HEALTH OF HUMANS AND ALL ORGANISMS

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Even though we can't visibly see the toxins that currently contaminate much of our [food](#) and [water](#) supply, we know they're there because they are destroying human health. The same is true for other destructive creations promoted as safe—and necessary for human survival due to [climate change](#)—but instead contain extremely disruptive unseen risks. We understand wind turbines are enormous and take up massive stretches of natural land and water space. But that's not all. While positive sound is incredibly [healing](#), wind turbines release an inaudible, low-frequency vibration that is harmful to human health, with chronic exposure leading to severe disturbance of vascular regulation in all living organisms.

Of course, climate change fanatics pushing wind power glorify it as safe. But not so fast. A hard pause is in order because wind power is indeed a silent hazard to the human body. A June 2024 [analysis](#) by Dr. Bellut-Staeck underscores earlier research confirming that these gigantic wind turbines—with blades up to 300 feet long—produce increasingly intense infrasound pressure. To explain further, humans can only sense sound waves over an approximate range of between 20 and 20,000 Hertz. The human ear cannot hear any sound waves below 20 Hz. These silent but lethal sound waves are

called infrasound. Infrasound emitted naturally, meaning by nature, is of no concern because it is harmless. However—in addition to disrupting wildlife, shredding countless essential insects and birds, and severely hurting the biotope—infrasound from man-made wind turbines is a major cause for concern.

These colossal wind turbines blanket the landscape with a strong layer of sound that falls below the limits of hearing. Again, the frequencies they emit are inaudible to humans, but the body feels them. A 2021 [article](#) in the German publication Tichy's Einblick explained that there are molecular mechanisms by which our body's cells detect mechanical forces and trigger biochemical processes. Importantly, biochemical processes are chemical reactions that occur within our body to sustain life, including the breakdown and synthesis of biomolecules like proteins, carbohydrates, and lipids—all essential for the body to function and survive. In other words, it's the "chemistry of life" happening within a living being.

Well, guess what? Infrasound from wind turbines is one of the mechanical forces detected by the body's cells, triggering biochemical processes because the body is highly sensitive to pressure changes, even if they go unnoticed. These effects become more evident over time. Specifically, fluctuations in air pressure, as a rule, create a disrupting effect. Einblick's article explained that in higher frequencies (above 20 Hz), humans perceive these fluctuations as sound events like speech, music, and noises.

However, these sound fluctuations possess exceptionally alarming qualities in the low frequency ranges below 20 Hz, which, as previously stated, are inaudible to humans. These invisible waves propagate over long distances—astoundingly, up to over 12 miles—and pass through walls unimpeded! Humans cannot escape these waves by going inside or moving to lower rooms because infrasound penetrates. In his 2019 book *How Wind Turbines Make Us Sick*, Biologist Wolfgang Müller noted that the extremely sensitive eardrum and middle ear are constantly affected by low-frequency infrasound, sharing:

"These pressure fluctuations propagate into the body cavities because they connect with the outside world. These low-frequency pressure fluctuations impact solid structures and tissues, which contain numerous receptors sensitive to even the smallest air pressure changes.

In the middle ear, receptors constantly measure the prevailing air pressure to allow the brain to account for pressure fluctuations in sound waves. This processing is essential for estimating and comparing different loudness perceptions."

Likewise, the study by Dr. Bellut-Staeck reiterates what has been known but not publicized for a long time—that chronic infrasound exposure from wind turbines devastates [human health](#) and can lead to serious consequences, including vascular disorders. How exactly do wind turbines create infrasound? The silent sound is generated when a turbine blade passes by the wind turbine tower, which instantly alters the air pressure and causes the blade to vibrate. This vibration multiplies through the air as pressure fluctuations. Tichy's Einblick [reported](#):

In the human body, this can lead to various symptoms: pressure in the eardrums and chest, nausea, headaches, exhaustion, and insomnia. The German Medical Journal also reports shortness of breath, depression, arrhythmias, tinnitus, dizziness, ear pain, and vision and hearing impairments.

This phenomenon has been known in science for quite some time. For example, infrasound generated by heavy machinery or large fans is inaudible but still perceptible to the body and is known to cause allergies and even nervous breakdowns in humans. No telling what it is doing to animals. Sigh. Likewise, craftsmen who build organs have known for years that very low-frequency pipes, which are nearly inaudible, can trigger feelings of anxiety and discomfort.

And most recently comes the investigation by Bellut-Staeck, confirming serious vascular disorders must be added to the frightening list of damages caused by low frequencies or infrasound. The list includes the potential impact of infrasound on human metabolism with nitric oxide (NO), the

possible development of inflammatory diseases like arteriosclerosis, and the promotion of high blood pressure. Wow, knowing this, imagine the widespread damage, including in the brain, from [cell phone frequencies](#). It turns out our concern has not been outlandish after all, but that focus is for another day. Presently, Bellut-Staeck's study, reviewed by several well-respected colleagues, would normally prompt regulatory authorities to consider the new evidence of latent health risks from wind turbines.

However, in ideologically driven green Germany, Tichy's Einblick declared in a 2024 article that this is not the case. The dangers are being ignored and the great reset prevails. Time will tell how this dangerous energy source will move forward in the United States. Presently, there are at least [74,833 turbines](#) located on land in at least 45 states, and the Biden-Harris administration [approved](#) its 10th offshore wind project on September 5, 2024.

Bellut-Staeck insists that the generally recognized stance that there is no scientific proof of the destructive impacts of infrasound from wind turbines is fundamentally wrong. She argues there is a real risk, and regulatory authorities should not wait for experimental scientific proof. Instead, she advocates for precautionary measures—such as a moratorium on large wind turbines until we have scientific clarification. We agree. Humans cannot continue destroying—on [SO many levels](#)—the delicate balance in our beautiful natural world. Make no mistake, as a whole, the essence of life is at risk. Adding additional insight into the dangers of infrasound, Bellut-Staeck proclaimed:

"Marine ecosystems, but also insects, appear to be particularly at risk from increasing emissions of very low frequencies. There is evidence for the increasing incompatibility of ever lower frequencies for all organisms and therefore for whole biodiversity."



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